

Ted's Hot Heros

Eggplant Parmigiana.....	8.25	Corned Beef & Swiss Cheese on a Hero .	8.50
Meatball Parmigiana.....	8.25	Fried Cod Fish with Lettuce, Tomato, Onions	
Chicken Cutlet Parmigiana.....	8.25	& Tartar Sauce on a roll	6.95
Grilled Chicken with Lettuce, Tomato & Honey Mustard	7.95	On a hero	8.25
Pastrami & Swiss Cheese with Mustard on Rye	7.50	Chicken Cordon Blue	8.25
On a Hero	8.50	Chicken cutlet, ham, swiss & honey mustard on a hero	
Cuban Sandwich or Hero.....	8.25	Cheese Steak with onions & peppers.....	8.25

Extras

Bacon	1.00	Sliced Alvacdo	1.00
Cheese60	Hot Peppers50
Cole Slaw	1.00	Extra Meat	1.50
Lettuce.....	.10	Fresh Mozzarella.....	1.00
Tomato40	Roasted or Hot Peppers.....	.50

Homemade Salads

(By the Lb.)

Antipasto Salad	7.50	Chicken Salad	8.95
Health Salad.....	5.50	Tuna Fish Salad	8.95
Potato or Macaroni Salad	4.50	Egg Salad	6.50
Cole Slaw.....	4.50	Fresh Mixed Fruit Salad	5.50
Tomato & Cucumber Salad.....	5.50	Tuna & Mac Salad	6.50
Veggie Pasta Salad & Broccoli.....	5.50	Italian Tortellini Salad	6.50
Seafood Salad	9.95	Bowtie Pasta Salad with Ham, Swiss & Shredded Carrots	6.50
Fresh Mozzarella & Tomato Salad...6.95			
Shrimp Salad.....	9.95		
Garden Salad	Sm 3.50.....Lg 5.50		
Chef's Salad with Hard Boiled Egg	Sm 4.50.....Lg 7.25		
Chicken Caesar Salad	Sm 4.50.....Lg 7.25		

Choice of Dressing

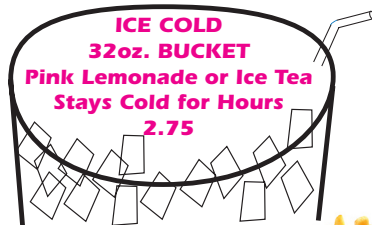
Balsamic, Oil & Vinegar, Russian, Golden Italian, Ranch, Blue Cheese

Desserts & Sweets

Crumb Cake ▪ Homemade Rice Pudding ▪ Black & White Cookie
Homemade Brownie or Blondie

Beverages

20oz Poland Spring.....	1.00
1lt. Poland Spring.....	1.99
Vitamin Water	1.99
Gatorade	1.99
Snapple	1.99
Boylan Soda.....	1.99
Coke, Diet Coke, Sprite Can.....	1.00
2lt. Soda	2.75
Chocolate Milk	2.50
Dr. Brown Soda.....	1.50
Green Mountain Hot Coffee	
Sm 1.75 Med 2.00 Lg 2.25	
Green Mountain Iced Coffee	2.50



ICE COLD
32oz. BUCKET
Pink Lemonade or Ice Tea
Stays Cold for Hours
2.75

TED'S FAMOUS SEASONED FRIES
Sm 4.99
Lg 5.99



TED'S DELI

432 Rochelle Avenue
Rochelle Park, NJ 07662

201-368-8616

Fax: 201-368-1939

Order On-Line at

WWW.TEDSDELIROCHELLEPARK.COM

CALL FOR QUICK PICK-UP OR DELIVERY (\$15 minimum)

Delivery Hours

11:00 am - 3:00 pm

Store Hours:

Mon-Fri: 6:30am-4:00pm

Sat: 7:00am-3:00pm ▪ Sun: 9:00am-2:00pm



Boar's Head



Breakfast Specials

Taylor Ham & Cheese on a Roll	4.95
Taylor Ham, 2 Eggs & Cheese on a Roll	4.50
2 Extra Large Eggs on a Roll	2.95
2 Eggs, Bacon or Sausage on a Roll	4.00
2 Eggs, Bacon or Sausage & Cheese on a Roll	4.50
2 Eggs & Cheese on a Roll	3.25
Egg Whites on a Roll	3.50
Veggie Omelet on Whole Grain Club Roll	4.00
Add Cheese	4.50
Western Omelet - Ham, Onions, and Peppers on a Roll	4.50
Steak, Eggs & Cheese Onions & Home Fries on a Roll	5.50
The Energizer - Egg whites, turkey bacon & avocado	5.95
Protein Omelet	6.50
Egg whites, grilled chicken, spinach, onions, feta cheese	
Side of Home Fries	2.50
Bagel or Roll with Butter	1.50
Bagel with Cream Cheese	2.25
Bagel with Lox Cream Cheese	5.50
Add Tomato & Red Onion	5.95

Homemade Soup

Chicken Noodle	Sm 3.75	Lg 4.25
6 Assorted Soups Daily - Ask for Today's Soup	Sm 3.75	Lg 4.25
Chili	Sm 4.25	Lg 5.25

Wraps

The Roman	8.00
Grilled chicken, fresh mozzarella, roasted peppers, romaine lettuce & balsamic vinaigrette	
The Chicken Breast Club	8.00
Sliced chicken breast, romaine lettuce, tomato, bacon & mayo	
The Buffalo Chicken	8.00
Breaded chicken cutlet, buffalo sauce, lettuce, tomato & blue cheese dressing	
The Cool Ranch Chicken	8.00
Breaded chicken cutlet, melted pepper jack cheese, lettuce, tomato & ranch dressing	
Italian Combo Wrap	8.00
Ham, sweet capicola, fresh mozzarella, genoa salami, romaine lettuce, tomato, onion & balsamic vinaigrette	
BLT Supreme	8.00
Fresh mozzarella, bacon, romaine lettuce, tomato & mayo	
Sweet Heart	8.00
Honey glaze turkey, muenster cheese, lettuce, tomato & honey mustard	
The Vegetarian	7.50
Fresh mozzarella, roasted peppers, romaine lettuce, tomato, onion & balsamic vinaigrette	
Rajun Cajun	8.00
Cajun turkey, pepperjack cheese, lettuce, tomato and cajun mayo	

Specialty Sandwiches

The Goomba	8.50
Prosciutto, fresh mozzarella, sun-dried tomatoes & roasted peppers on a hero roll	
The American Chicken	7.50
Chicken cutlet with melted american cheese, bacon, lettuce & tomato with mayo on a hard roll	
The Sloppy Ted	7.50
Hot pastrami & swiss cheese on rye bread with cole slaw and russian dressing	
The Godfather	8.25
Thinly sliced roast beef & melted mozzarella cheese with gravy on a hero	
The Melrose Chicken	7.75
Grilled chicken & swiss cheese with romaine lettuce, tomato & honey mustard on a hard roll	

Specialty Sandwiches

The Sweet Virginia	8.25
Baked Virginia ham, roasted turkey & swiss cheese with lettuce, tomato & russain dressing on a hero	
The Turkey Club	7.75
Triple decker turkey, lettuce, tomato, mayo, bacon on toasted white bread	
The Gobler	7.95
Fresh turkey, stuffing, melted mozzarella, turkey gravy & cranberry sauce on a toasted roll	
Spicy Italian Combo	8.25
Hot ham, prosciutto, capicola, provolone, genoa salami, lettuce, tomato, onions, oil & vinegar on a hero	
Italian Eggplant Hero	8.25
Homemade breaded eggplant, fresh mozzarella, roasted peppers & balsamic on a hero	
The Kalifornia	7.50
Peppered turkey, pepperjack cheese on multi grain bread with lettuce, tomato, alfalfa sprouts & guacamole spread	
Meatloaf Cheddar	6.75
Meatloaf & cheddar on a roll with gravy	
Pesto Grilled Chicken	7.95
Grilled chicken with fresh mozzarella, romaine, tomato & pesto sauce on a toasted ciaballa	
Cali Grilled Chicken	7.95
Grilled chicken with avocado, romaine, tomato & balsamic on a toasted ciaballa	
Chipotle Grilled Chicken	7.95
Grilled chicken with avocado, romaine, tomato & chipotle mayo on a toasted ciaballa	
Chicken Fingers or Buffalo Wings	7.95
With seasoned fries	
Beef Brisket	7.95
Very tender brisket with sauteed onions, gravy & provolone cheese on a toasted club roll	
Ted's Amerian Combo Hero	8.00
Ham, Salami, Provolone, Lettuce, Tomato, Onions, Oil and Vinegar	

Ted's Sandwiches

On Rye, Roll, Multi Grain or Whole Wheat ▪ (12" Hero Add 1.50 ▪ Wrap Add 1.00)
Please specify: Mayo, Mustard, Russian Dressing, Honey Mustard

Prosciutto	6.50	Bologna	5.50
Homemade Turkey	(12.99 Lb.) 6.50	Swiss Cheese	4.50
Roast Beef	6.00	Muenster Cheese	4.50
Corded beef	6.00	American Cheese	4.50
Pastrami	6.00	Chicken Salad	6.00
Ham	6.00	Tuna Fish Salad	6.00
Virginia Ham	6.00	Egg Salad	5.50
Turkey (Roasted, Peppered, Honey, Cajun or Smoked)	6.00	Shrimp Salad	6.00
Chicken Breast	6.00	Seafood Salad	6.00
Salami	6.00	Bacon, Lettuce & Tomato	5.50
Taylor Ham	5.50	Turkey Club	7.75
Roast Pork	6.00	Mixed Cheese Combo	7.00
Liverwurst	5.50	American, Provolone, Swiss, Lettuce, Tomato & Onions	
Acme Nova Smoked Salmon "Lox" ..	24.00 lb		

BUFFALOMBA

12 pcs. Buffalo Wings with celery stick and choice of dressing

8.95

Prices subject to change without notice.